

# Bedfordshire, Luton and Milton Keynes Sustainability and Transformation Partnership

**Central Brief: September 2018** 

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**News** 

#### Lea Vale Medical Group shortlisted for awards

Lea Vale Medical Group, BLMKs flagship primary care home practice, has been shortlisted for two General Practice Awards 2018.

The team at Lea Vale have made the shortlist for the General Practice Team of the Year and Managing Workload and Improving Access. The General Practice Awards are the most prestigious awards for primary care professionals and over the past decade, the awards have highlighted and showcased the very best examples of hard work, innovation and dedication in primary care.

In the last 18 months the group have moved from a more traditional GP model to the current multidisciplinary model. The model known as Primary Care Home (PCH) is an innovative approach to strengthening and redesigning primary care (including community services, mental health, social care and the community and voluntary sector) around the needs of patients. Developed by the NAPC, the model brings together a range of health and social care professionals to work together to provide enhanced personalised and preventative care for their local community in populations of approximately 30 – 50,000. In the model, staff come together as multi-disciplinary teams – drawn from GP surgeries, community, mental health and acute trusts, social care and the voluntary sector – to focus on local population needs and provide care closer to patients' homes.

Lea Vale Medical Group is a training practice situated in the centre of Luton servicing 24,500 patients across three sites, encompassing some of the most deprived wards in the country.

Lea Vale Medical Group will find out on 30 November if they have been successful.

#### BLMK strengthens senior team

BLMK has strengthened the senior team with two the appointment of two new directors to drive the introduction of new models of care across BLMK.

#### **Chief Information Officer**

On 1 October Mark Thomas will be joining BLMK as Chief Information Officer (CIO). Mark has significant experience in driving digital transformation in the NHS and was instrumental in bringing the systems together around the Great North Care Record and large scale reconfiguration to support the delivery of the Cramlington Emergency hospital in



Northumberland. Mark is a proven leader with experience in navigating complex systems, and brings directly relevant experience to move our agenda forward.

#### **Director of System Re-design**

Peter Howitt will be joining BLMK 17 September on an18 month secondment from the Department of Health and Social Care, where he is currently Deputy Director for Commissioning, Integration and Transformation. Peter has great experience in technical design of policy in key areas such as GP fund-holding, payment by results, new payment structures for non-elective activity and has most recently been closely involved in the judicial reviews of the new models of care/accountable care contracts. Peter also brings a wealth of experience in working with senior politicians, and very complex stakeholder environments. His previous experience lends itself well to our programme of work under priority 5. He joins at a critical juncture as we try and flex existing structures to introduce new models of care across BLMK.

Richard Carr, BLMK ICS SRO, said: "Mark and Peter are joining us at an exciting time. Alongside the appointment of Patricia Davies as the Joint Accountable Officer, we will be now able to create the foundations of the ICS move with more structure and pace.

"I hope you will join me in welcoming both Mark and Peter to BLMK and wish them every success in their new roles."

#### **Managing Director**

Mark England, BLMK's current Managing Director, will be leaving BLMK later this month. Mark will be taking a new role with NHSE/I as Director of Strategy for Elective and Emergency Care /Deputy National Director based in London.

Richard Carr, said: "I am delighted for Mark and would like to thank him for his enormous support and drive. Mark has been instrumental in mobilising the system to create a strong Sustainability and Transformation Plan in 2016; helping to navigate us through to ICS status; and working to create our current momentum.

"I am sure you will join me in wishing Mark all the very best for the future."

Emma Goddard, Programme Director, will take up the reigns following Mark's departure in the interim, to enable the ICS to maintain momentum whilst working through the appropriate management arrangements for the future.

#### FiT testina

As a result of the £1.2 million investment in cancer services in BLMK, FiT testing will start to be rolled out to primary care practices in October 2018.

The new FiT or Faecal Immunochemical Test is designed rule out bowel cancer much earlier for patients presenting at practices with appropriate symptoms. This early diagnostic tool will provide a better experience for patients by preventing them from having unnecessary and invasive procedures and reduce the burden on hospital resources.



Testing kits and patient information will be sent out to all practices from October 2018. FiT has been determined by NICE as the best screening tool available and it is hoped that it will eventually move to being the front line screening tool to replace the existing a guaiac-based test (gFOBT) currently provided through national screening programmes.

#### **New national GP career support pack**

NHS England has produced a new <u>GP Career Support Pack</u> which contains easy-to-access information on the national and local support available for GPs at all stages of their career, whether in their first five years, mid-career, nearing retirement or after taking a career break. It will be particularly relevant for GPs who are thinking of leaving general practice, as it highlights the options and support available to them to enable to stay. As well as this national pack, over the coming weeks NHS England will be working with STPs and CCGs to develop local versions which will signpost GPs to local contacts and initiatives.

### **Engagement**



Clinical Conversation – PEOPLE LIVING WITH COMPLEX CARE NEEDS - Save the Date – 16 October, 2018

Following on from our successful last clinical conversation we are pleased to announce the details of our next clinical conversation - a focus on the provision of services for people living with complex care needs.

In BLMK we are passionate about providing the very best care and support for people, especially for adults living with complex care needs. Providing personalised and integrated health and social care is one of the most challenging areas to tackle at a local or system level so we are pleased to be able to focus our next clinical conversation on this need.

The evening will be an opportunity for anyone working in BLMK to understand what is happening across our integrated care system and places, what we can share and learn from each other, what issues exist and how we might all resolve them.

Details of the event are below:

When: Tuesday 16 October 2018

Time: from 6pm to 9pm

Where: Rufus Centre, Steppingley Road, Flitwick, Bedfordshire, MK45 1AH

Spaces are available to staff of the 15 BLMK partners and associated voluntary organisations. To book your place email <a href="mailto:communications@mkuh.nhs.uk">communications@mkuh.nhs.uk</a>

Food and refreshments will be provided at the event. Places will be reserved on a first come, first served basis. A full agenda will follow in the coming weeks.



## Improving access to psychological therapies (IAPT) for people with long-term physical health conditions and medically unexplained symptoms

This event is an opportunity to find out about the work that is happening across Bedford Borough, Central Bedfordshire, Luton and Milton Keynes to improve access to psychological therapies for people with long-term physical health conditions i.e. diabetes, respiratory or cardio-vascular. This event will be an opportunity for people to come and share their ideas about how we can improve pathways and more integrated working between the different services.

This event is aimed at: Primary Care Clinicians and Leaders, Secondary Care Clinicians and Leaders, Commissioners of mental health and physical healthcare, mental health champions, public health colleagues, local authority colleagues, hospital colleagues, third sector and voluntary sector colleagues.

Details of the event are below:

When: Monday 24 September 2018

Time: from 1.30pm to 3.30pm

Where: The Fishbowl Room, The Whitchurch Centre, Twinwoods Health Resource Centre, Milton Road, Clapham, Bedford, MK41 6AT

If you are able to attend then please could you confirm to Michael Farrington - Michael.Farrington@nhs.net

#### Crisis Resolution and Home Treatment and Liaison Mental Health Event

This event will be an opportunity to look at how we can further develop urgent and emergency mental health support for children and young people, adults and older people across Bedfordshire, Luton and Milton Keynes.

This event is aimed at: Primary Care Clinicians and Leaders, Secondary Care Clinicians and Leaders, Commissioners of mental health and physical healthcare, service managers, public health colleagues, local authority colleagues, Directors of nursing and medical directors.

#### Details of the event are below:

When: Thursday 20 September 2018

Time: from 1.30pm to 4.15pm

Where: Rufus Centre, Steppingley Road, Flitwick, Bedfordshire, MK45 1AH

To register for the event, please confirm to Michael Farrington-Michael.Farrington@nhs.net



#### New Models of Care Masterclass 4 October 2018

A masterclass for clinical and managerial staff working across our 15 health and social care partners to jointly explore what we can learn from emerging new models of care and how we can apply this to our local integrated system development.

Hear about local approaches for supporting our Primary Care Home Model and how working with national partners within NHS England and the National Association of Primary Care helps us to deliver sustainable change. Applicable to all staff commissioning or providing health and social care who are influencing and leading service and system transformation. New Models of Care Event October 2018 Agenda Final

- Sessions with NHS England's Systems Transformation Group and the National Association of Primary Care
- Facilitated breakouts covering the challenges and opportunities arising from development and implementation of New Models of Care.

Register on line to book a place **here** 

#### Leading Change in Complex Systems - Paul Plsek 6 November 2018

Masterclass to hear Paul Plsek, the internationally acclaimed expert in transformational leadership, share his expertise on:

- Understanding complex adaptive systems
  - The futility of detailed plans
  - How complex outcomes can emerge from simple rules and interaction
  - o The role of tension and "destruction" in transformation and renewal
- How transformational change really happens: Principles and models
- An introduction to practical tools for leaders of change in complex systems
  - Creating a meaningful vision of desired change
  - Capturing a "good enough plan" in a driver diagram
  - Pattern mapping across a system to enable sustainable partnership working

Register online to book a place here.

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